



INM FMA / Pro.Cir.17

November 2024

My Dearest Sisters,

Viva Gesu`! Affectionate greetings to each one of you!

Spiritual Growth as a Multi-Faceted Journey of Transformation with the Divine

INTRODUCTION

Spiritual growth resonates across various cultures, traditions, and religions and encapsulates the journey of one's spiritual life. It involves expanding one's consciousness beyond the physical and material realm to embrace a deeper, more meaningful connection with the self, others, and, for many, a higher power of the universe. Spiritual growth is seen as a journey or path to closer communion with the divine, emphasizing the transformation of the individual through practices like prayer, meditation, and acts of kindness.

The importance of spiritual growth lies in its capacity to foster a sense of inner peace, enhance resilience against life's challenges, and cultivate a profound sense of purpose and fulfilment. The moral and ethical development accompanying spiritual maturity suggests a move toward love, compassion, service, and humility. Spiritual activities and literature could serve as resources and tools to facilitate the spiritual journey of individuals seeking to deepen their spiritual life.

1. What is Spiritual Growth?

Spiritual growth is a process of awakening to one's inner self, exploring the deeper meanings of life, and establishing a connection with something greater than oneself, which is understood as the divine, the universe, nature, or one's higher self. Spiritual growth encompasses an individual's progressive journey and deeper understanding of their spiritual essence. The journey involves expanding one's consciousness beyond the immediate perceptions of the physical world, fostering a sense of interconnectedness with all beings, and pursuing a life in harmony with deeper spiritual values like compassion, love, and wisdom.

Spiritual growth is deepening one's relationship with God in Christianity, aligning one's life with the teachings of Jesus Christ, and embodying Christian values in everyday actions. It involves prayer, meditation on the scriptures, participation in community worship, and acts of service, as outlined in the spiritual growth scripture passages. Spiritual growth is a dynamic and inclusive concept that transcends religious boundaries, offering pathways for personal transformation and profound understanding across a broad spectrum of beliefs and practices.

2. Multi-faceted Characteristics of Spiritual Growth

Spiritual growth is a multi-faceted journey encompassing a wide range of practices and beliefs to enhance one's understanding and connection to the spiritual dimension of life. Its importance is reflected in its profound impact on an individual's mental, emotional, and social well-being, offering a path to a more fulfilling and meaningful existence. Individuals navigate their path to spiritual maturity through personal reflection, engagement with spiritual disciplines, and the support of spiritual texts and communities, reaping the myriad benefits of such a profound personal transformation. Spiritual growth is significant because it touches on the very core of what it means to be human, addressing the deepest questions about purpose, value, connection, and commitment with greater pliability, stillness, and kindness.

Change in One's Priorities and Values

Spiritual development influences one's priorities and values, leading to lifestyle changes that reflect a mindful and intentional approach to living. Some choose to simplify their lives and focus on what they value, such as relationships and personal growth, rather than material success. Spiritual growth leads to the fullest, most authentic version of oneself. It involves shedding limiting beliefs and behaviours, embracing a life of service, love, and gratitude, and cultivating an inner landscape of peace and wisdom. This perspective helps individuals steer spiritual life's inevitable ups and downs without becoming disillusioned.

Spiritual growth encourages a mindset of openness and learning, where challenges and setbacks are seen as opportunities for further development and deepening faith. They enrich their lives and contribute to the well-being and upliftment of the world. As individuals mature spiritually, they embody the transformative power of spiritual growth in every aspect of their being. For example, people growing spiritually inspire a greater commitment to environmental stewardship, recognizing the spiritual significance of the natural world and the importance of preserving it for future generations.

Personality Development

Spiritual growth in personality development is integrating spiritual principles and practices into one's life, leading to a deeper understanding of oneself and a profound connection with others, the world, and, for many, a higher power. Personal development emphasizes the evolution of one's character, values, and behaviours toward greater altruism, empathy, and dedication. It encourages individuals to transcend their ego-driven desires, fostering a sense of unity and purpose that goes beyond mere self-interest.

Integrating spiritual growth into personality development makes individuals compassionate, patient, kind, and resilient. They learn to direct life's challenges with grace and serenity, viewing difficulties as opportunities for learning and growth rather than insurmountable obstacles. For example, someone who has grown spiritually faces a personal loss with a deep sense of peace and acceptance, drawing on inner strength and faith to move through the grief. They use the experience as a catalyst for helping others in similar situations, extending service, solidarity, and support born from their healing journey.

Emotional Resilience and Inner Peace

One key way spiritual growth influences daily life is through enhanced emotional resilience. Spiritual growth offers solace and strength during difficult times. Life is replete with challenges and uncertainties, and a strong spiritual foundation provides the anchor and refuge many seek amid turmoil. Resilience is crucial for managing the successes and failures of life with grace and courage. Individuals who engage in spiritual practices such as meditation, personal and community prayer, or mindfulness and receptions of sacraments find that they are better equipped to handle stress, anxiety, and adversity. For example, someone who meditates regularly notices a significant decrease in their stress levels, enabling them to approach challenges calmly and optimistically. It benefits their mental health and positively impacts their interactions, fostering more harmonious relationships.

Spiritual growth and maturity enhance one's ability to love unconditionally and to forgive, recognizing the humanity in everyone, including individuals who have caused harm. Growing spiritually leads to more outstanding emotional balance and a reduction in feelings of disquiet and depression, as individuals learn to find solace and strength within their spiritual beliefs and practices. Spiritual growth nurtures healthier, meaningful relationships as individuals learn to communicate with honesty, openness, and respect. They become adept at resolving conflicts that honour the dignity of all involved, leading to deeper relationships, a greater sense of belonging, and wider communion.

Spiritual growth fosters a sense of inner peace and contentment, qualities that are increasingly rare in today's fast-paced and often chaotic world. Inner tranquillity enables individuals to approach life with a grounded and balanced perspective, finding joy and harmony. Individuals find fulfilment, hope, and a sense of stability that transcends external circumstances. For example, someone who has cultivated a sense of peace finds deep satisfaction in spending time with family, community, and friends, engaging in creative social commitment, or enjoying nature rather than in external achievements or recognition. These spiritual impacts benefit the individual and have a ripple effect, positively influencing their relationships in the communities and the broader society.

Interconnectedness of All Life

Spiritual growth promotes a profound sense of connection with all living beings, an enhanced appreciation for life's mysteries, and a pronounced inclination towards altruism. Many spiritual traditions emphasize the interconnectedness of all life, teaching that one's well-being is intrinsically linked to the well-being of others and the planet. This realization inspires actions that contribute to the greater good, fostering a sense of purpose and engagement with the world beyond personal gain.

Spiritual growth leads to a deep connection and belonging. It develops a heightened awareness of the interconnectedness of all life as people become attuned to their spiritual nature. It leads to empathetic responses to the suffering of others, motivating actions such as volunteering, acts of kindness, or simply offering a listening ear to someone in need. For example, encountering a homeless individual on the street, move someone who has experienced spiritual growth to provide immediate assistance and reflect on and address the broader social issues that contribute to homelessness.

CONCLUSION

The importance of spiritual growth lies in its capacity to enrich the human experience in multipronged ways. Individuals enhance their personal qualities, navigate life's challenges with greater resilience, and cultivate a deep sense of connection and purpose by growing spiritually. Engaging in spiritual growth involves cultivating a balanced and reflective approach to one's spiritual commitments and practices. The balance ensures that individuals are not merely going through the transformation but are genuinely engaged in practices that nourish their souls and connect them with their community and the divine.

Spiritual growth impacts daily life by profoundly enriching one's perspective, behaviours, and interactions. One grows spiritually by experiencing a transformation in how one views oneself and the world around them and how one lives out everyday life. The growth manifests through increased patience, empathy, resilience, and a sense of peace that profoundly affects one's decisions, relationships, and well-being. Persons of spiritual maturity develop compassion, patience, gratitude, and forgiveness as they progress on their spiritual journey. These qualities enhance personal well-being and improve relationships with others, contributing to healthier, more supportive social environments.

Growing spiritually encourages individuals to live according to higher principles of conduct, which leads to a more harmonious and ethical society. Spiritual growth involves being part of a supportive spiritual community that offers encouragement, emphasizing meaningful engagement, balance, continuous learning, and community support. The shared experiences and wisdom within such a community are invaluable resources for preventing and addressing spiritual burnout. Spiritual growth ensures that one's spiritual journey is sustainable, enriching, and deeply connected to a sense of purpose and belonging.

Points to Ponder and Share:

1. **What is spiritual growth, and why is it needed today?**
2. **What are the characteristics of spiritual growth?**
3. **Which of these characteristics are present in your life?**

CELEBRATIONS OF THE MONTH

01 Fri	-	All Saints Day
02 Sat	-	All Souls Day
09 Sat	-	Dedication of the Lateran Basilica in Rome
13 Wed	-	St Artemide Zatti
14 Thu	-	Children's Day 150 th Anniversary of the First Salesian Missionary Expedition
15 Fri	-	Bl. Maddalena Morano
18 Mon	-	Dedication of the Basilica of Sts Peter and Paul, Apostles
22 Fri	-	St Cecilia

24 Sun	-	Christ the King
25 Mon	-	Ven. Margherita Occhiena
29 Fri	-	Novena to the Feast of the Immaculate Conception begins
30 Sat	-	St Andrew the Apostle

ALL IN THE FAMILY

Million Thanks to our dear Sr Nilza Fátima de Moraes, General Councillor for Formation and Sr Anelfreda Miranda, Sector Collaborator **who visited the Province from 24 September to 8 October 2024.** From 26 to 30 September, Sr Nilza and Sr Anelfreda, met the Aspirants, Postulants, Temporary Professed Sisters, and Community Animators of Sri Lanka.

On **26 and 27 September 2024, sixteen young Sisters** had the joy of meeting them at **Sacred Heart Novitiate, Negombo.** They warmly welcomed Sr Nilza and Sr Anelfreda with the guard of honour. Sr Nilza shared a message from Mother General, emphasizing the importance of "planting seeds for the future." The next day, the Eucharistic Celebration was presided over by Fr Roger Pinto, who spoke about the significance of a deep relationship with Jesus and the different types of martyrdom. Sr Nilza and Sr Anelfreda led reflections on the wedding at Cana, encouraging personal sharing and discussion among the Sisters. The visit concluded with a cultural programme and gifts to express their gratitude. On 27 September, the Holy Mass was celebrated by Fr Danushka Silva, his homily focusing on personal growth and the active pursuit of character development. The Sisters were engaged in Lectio Divina and discussions about the role of community animators.

The **animators of the nine communities gathered in Omanthai on 28 September** for presentations and group sharing, culminating in expressions of gratitude for the guidance provided by Sr Nilza and Sr Anelfreda. They visited various communities, including the apostolic school and Salesian Philosophy students, where they were warmly welcomed and had meaningful interactions. The visit concluded a trip to the National Shrine of Our Lady of Lanka, leaving Sr Nilza with a heart full of joy and contentment.

The same day they visited the Eppawala community and were warmly welcomed with a joyful welcome song by the community and preschool children. The Sisters shared a meal, exchanging news about their beautiful surroundings, including the chirping of birds. Sr Nilza's simplicity and cheerful demeanour reinforced the joy of belonging to the FMA Institute. She expressed her heartfelt gratitude for the warm welcome, encouraging the community to continue their mission filled with the spirit of Mornese, and invoked the protection of Mary, the Mother of their vocation.

On 1 October 2024, Sr Kunnathu Anna and I extended a warm welcome to dear Sr Nilza and Sr Anelfreda at Chennai airport. On Arrival at Kodambakkam, Sr Anthony Raj Christina and the Fatima community greeted them with traditional garlands and Oyilattam celebrating the visit with songs of appreciation and expressions of hope. Sr Nilza conveyed warm wishes from the Mother General and shared a peace-themed goodnight message, leaving everyone with a sense of gratitude.

On 8 October Sr Nilza had the joy of meeting the students, teachers, parents, past pupils and the members of the Educating Community of Fatima Matriculation Higher Secondary School. The Bharatha Natiyam dance following the welcome song depicted the richness of South India. Sr Nilza exhorted the students to benefit from Salesian education and to become good Christians and honest citizens. She visited the Shrines of St. Thomas Mount, Little Mount, Adyar Veilanganni, and Santhome Cathedral. She met the Salesians at St. Bede's. From there they proceeded to Our Lady's Centre, Kingsford and addressed the school students and the community. She had the joy of meeting the Salesian Provincial Fr. Lourdusamy Don Bosco and the Salesians at Citadel.

From 2 to 3 October, Sr Nilza and Sr Anelfreda, met the Aspirants and Postulants, formators and the community Sisters at Sacred Heart Home, Katpadi. On 4 October, she went to Auxilium Home and met the apostolic school students, formators and the community Sisters. She also addressed the staff of Auxilium Schools. At St Mary's Convent, Vellore, Sr Nilza led a conference on the significance of Mary Help of Christians and St Mary Mazzarello, encouraging the Sisters' commitment to their charism. She met more than 100 teaching staff, commending their role as educators and stressing the importance of nurturing life through the Gospel. She visited the Cathedral Church **and greeted the Apostolic Administrator Fr. I. John Robert**, leaving a lasting impact on everyone.

On 5 and 6 October 2024, **young Sisters** of up to ten years of profession, gathered at Auxilium College, Katpadi, for a Formation meeting through reflections on "Guidelines for the Formation Period of Temporary Vows" and Lectio Divina on the Gospel passage "Wedding at Cana". The young Sisters explored growth areas in their vocation, community life, and mission. Group discussions and personal guidance from Sr Nilza offered valuable insights, and the meeting concluded with the dissemination of the Icon of Mary Help of Christians and Mother Mazzarello, strengthening their commitment to their vocational journey.

Meeting with the Animators: On October 7, all the animators gathered at Auxilium College. It was a day of animation, reflection, and sharing focussing on formation from documents *Personal Encounter, Guidelines for the Formation Period of Temporary Vows, and Guidelines for the Evaluation of the Temporary Professed*. The animators deepened their understanding of accompanying the young Sisters in their vocational journey.

I thank Sr. Nilza Fatima de Moraes, the Councillor for Formation for her painstaking efforts to strengthen the initial and ongoing formative journey of our Sisters and candidates in formation. A word of appreciation to **Sr Anelfreda Miranda** for her ever-available presence and collaborative service. May the Lord reward them a hundredfold and our Blessed Mother accompany them.

Preparation for the 150th Anniversary of the First Missionary Expedition of the Daughters of Mary Help of Christians: On 14 November 2024 we begin the first year of preparation to celebrate the 150 years of the dedicated FMA missionary journey and service to communities around the world. This milestone honours the legacy that began in 1877 when St John Bosco and St Mary Mazzarello sent forth the first group of Sisters to share the charism of education, faith, and love, especially for young people and those in need. Since then, the FMA mission, grounded in Salesian spirituality, has flourished across cultures, bringing hope and transforming lives on every continent. Let us cultivate the missionary ardour that characterized the first community of Mornese.

Golden Jubilee of Mazzarello Home, Tirupattur: The Golden Jubilee celebration of Mazzarello Home took place on 24 October marking the 50 years of dedicated service and commitment. The event drew a diverse assembly of distinguished guests, including Rev. Dr Singarayan, Bishop Emeritus of Salem. The gathering included Provincial Councillors, former teachers, alumni, well-wishers, and Sisters. The highlight of the occasion was the solemn Eucharist presided over by Rev. Dr Singarayan, concelebrated by around 25 priests, creating a deeply spiritual atmosphere infused with divine blessings. Following the Mass, a vibrant cultural program showcased the rich history and legacy of Mazzarello Home, illustrating the institution's journey and accomplishments while instilling a profound sense of achievement and gratitude. I appreciate Sr Elizabeth Sebastian and the educating community for the meticulous planning and tireless work.

Community and Apostolic Experience of Novices: The first-year novices Lawrence Mary Sujatha, Muthu Nagomi, Suresh Chandhar Paul Nancy, Velankanni Amalraj Leema Jenifer of INM Province and Arockiyasamy Reyasma Mercily and Maria Louis Maria Yasmin of INT had a beautiful experience at the SEARCH Ashram from 26 September to 5 October 2024. In the silent atmosphere, they reflected on “Christ Consciousness” and the process of becoming Christ-like within the Indian context. Under the guidance of Sr Doss Rosalia and Sr Pichai Mary Saroja, they explored the life of Jesus, delving into who Christ is, His purpose, and how He served God and humanity. They are grateful to Sr Panakezham Annie and Sr Gabriel Mary Chitra for their attentive care during their stay at Mannivakkam. We hope that this invaluable opportunity helps them deepen their relationship with Jesus and understand themselves better.

Second Novitiate, I Phase: I am happy to inform you that our dear Sisters - Sr Arulnesan M. Jenatnayaki (SL), Sr Emmanuvel Camalin Riyalini (SL), Sr Charles Lowra Namikkai Mary, and Sr Joseph Karmel Mary - will embark on the first phase of their Second Novitiate at Auxilium Youth Animation Centre, Kankradi, Dahanu of Thane District in Mumbai Province from 18 November to 18 December 2024. During this transformative period, the focus will be on deepening their spiritual formation, enhancing their understanding of their religious vocation and strengthening their commitment to the Salesian mission. May this time of intensive study, reflection, and communal living enable them to integrate their experiences and insights during their initial years of formation, empowering them to wholeheartedly dedicate themselves to furthering God’s Kingdom.

Triennial Evaluation: The Triennial Evaluation at the PCI level is scheduled for 24-28 January 2025 at Manikandam, Tiruchirapalli. I am happy to announce to you that Sr Susai Josephine Rani and Sr Ambrose Arokia Jayaceli will be the delegates who will participate in the meeting along with me. This gathering will focus on assessing and reflecting on the progress made over the past three years in various aspects of the community's mission and formation while implementing the guidelines and the deliberations of GCXXIV. Through discussions and collaborative sharing, it aims to evaluate achievements, to identify challenges and strategies for future growth, ensuring that the Salesian charism continues to thrive in our mission and service.

Before the Triennial Evaluation meeting, the **Province Assembly** plays a crucial role in contributing to our collective mission. We will convene the above meeting for Batch I on 16 November at Auxilium College, Katpadi, followed by Batch II on 17 November at Kodambakkam. All the Sisters must attend these meetings to ensure meaningful participation and collaboration. Your presence is vital for the success of our discussions and the common good of our Province.

The World Day of the Poor celebrated on 17 November 2024, carries the theme “The prayer of the poor rises to God” (Sirach 21:5). This day, established by Pope Francis, aims to raise awareness of the plight of the poor and encourages communities to engage in acts of charity and solidarity. It highlights the significant role of prayer in the lives of those in need and emphasizes their special place in God's heart. In his message, Pope Francis calls for a deeper spiritual commitment to the poor, urging individuals to not only pray for them but also to take tangible actions to respond to their needs. The day will feature a Holy Mass led by Pope Francis in St Peter's Basilica, followed by a communal lunch with the poor, reinforcing the call for concrete expressions of faith through charitable deeds.

NOTE OF THANKS

- ❖ We offer our heartfelt thanks to Sr Anthony Raj Mary Josephine and the Sisters of Auxilium College Community for hosting the Young Sisters Meet on 5 and 6 October and the Animators Meet on 7 October 2024.
- ❖ We express our deepest gratitude to Sr Sebastian Elizabeth and the Community of Mazzarello Home, Tirupattur for conducting and hosting the SPM training programme for the students of St Mary's and Auxilium Hr Sec. School, Katpadi from 1 to 4 October 2024.
- ❖ I owe my gratitude to Sr Doss Rosalia and Sr Pichai Mary Saroja for offering Ashram Experience for Novices from 1 to 10 October 2024 at Mannivakkam. I thank Sr Panakezham Annie and the Community of Mannivakkam for hosting the Novices.
- ❖ Hearty thanks to Sr Sebastian R Vimala, the vocation promoter, for conducting a Vocation Camp for Chennai Zone Catholic girls from Std VII to XII on 12 October 2024 and for Tirupattur Zone on 25 October 2024. Thanks also to Sr Susai Raj Mary Sheila and the community of Kingsford and Sr Samala Rayappan Elisa and the community of Mary Immaculate, Tirupattur for hosting the camp.
- ❖ A big thanks to Sr Rajendran Selvarani and Sr Dharmalingam Jeyaseeli, Youth Pastoral Coordinators for organising the Prayer Convention for Youth on 20 October 2024 and to Sr Alexander Amali and the community of St Mary's for hosting it. I thank Sr Chinnappan Gracy Fatima and Sr Kanickaraj Mary Tamizharasi for their helpful presence.
- ❖ I express my gratitude to Sr Alphonse Mary J. Isabella, Sr Mahimainathan Sathiyavani and Sr Susainathan Ayesha Bindhu in charge of Women Group, VTC and Young at Risk for conducting the orientation program on Organic Farming/Grey water Management for the Women Farmers. I thank Sr Stanislaus Mary Dora and the Community for the accommodation on 24 October 2024.
- ❖ I express my gratitude to Sr Samala Rayappan Elisa and the Community of Mary Immaculate, Tirupattur for hosting the Provincial Council Meeting on 25-26 October 2024.
- ❖ I thank Sr Rajendran Thimena Celine and Sr Anthony Cruz Mathalen Mary, the Coordinators of Social Communication for organizing a Media Education on Life in the Virtual (AI) World for the Local Media Coordinators and Young Sisters. I thank Sr Anthony Raj Mary Josephine and the community of Auxilium College for hosting the meeting on 26 and 27 October 2024.

- ❖ I am grateful to Sr Kunnathu Anna the Province Economist for organizing a meeting for the members of the Province Finance Commission on 29 October 2024 and Half Yearly Society Account Submission and animation for the Economers on 30 October 2024. Thanks to Sr Anthony Raj Christina and the community for hosting the meetings.

COURSES AND SEMINARS

- Seminar on Education and Culture from 1 to 3 November 2024 in New Delhi: Sr Anthony Raj Christina and Sr Joseph Victoria Mary will participate.
- Formators Meet from 10 to 24 November 2024 in Rome: Sr Chinnappan Gracy Fatima will participate.
- Seminar on Lawful Management of Societies and Properties of Dioceses / Congregations / Institutions on 15 November 2024 at Jeeva Jothi Pastoral Centre, Coimbatore: Sr Devadoss Margaret and Sr Kunnathu Anna will participate.
- Amrat AGBM from 17 to 19 November 2024 in Bangalore: Sr Alphonse Mary J Isabella and Sr Mahimainadhan Sathiyavani will take part in it.
- CSO Meeting on 26 and 27 November 2024 in Bangalore: Sr Alphonse Mary J Isabella and Sr Mahimainadhan Sathiyavani will attend the meeting.

We wish them all a fruitful experience!

HEARTFELT SYMPATHIES

Our loving prayers and condolences to all those who lost their dear ones in October 2024:

- To Sr Irudayaraj Lourdu Mary, at the demise of her eldest Sister Mrs Pushpa Rani Swaminathan (66) at Pondicherry on 5 October 2024.
- To Sr Arokia Raj Deepika, at the demise of her father Mr Arokia Raj (62) at Chennai on 6 October 2024.
- To Sr Mariadoss Amala Mary, at the demise of her brother-in-law Mr Charles (50) at Cuddalore on 21 October 2024.
- To Sr Rayappan Leema Rose, at the passing away of her nephew Mr Joseph Ravi (49) at Nedugapattu on 23 October 2024.
- To Sr Lourdusamy Emily Mary at the passing away of her brother-in-law Mr Yesu Raj (60) at Varadarajanpet on 24 October 2024.
- To Fr Joseph Pauria, Provincial and the Salesians of the Province of Kolkata, at the demise of Br Thomas Kuttamplackal (89) at Kolkata on 29 October 2024.
- To Fr Clive Justin Telles, Provincial and the Salesians of the Province of Panjim, at the demise of Fr Lino Lopes (60) in Hubli on 30 October 2024.
- To Sr Pathinathan Gloria Rani at the demise of her Aunt Mrs Periyamayammal (52) at Martelli, Karnataka on 31 October 2024.
- To Sr Anthonisamy Juliet Mary at the passing away of her elder brother Mr John Joseph (77) in Coimbatore on 31 October 2024.

LIVING IN OUR MEMORY

- 01 † Sr Fonseca Juanita (Novice) (1954)
 06 † Sr Fernando Amala (2004)
 09 † Sr Ghidoni Alma (1980)
 11 † Sr Morris Flida (2016), Sr Viano Nicolina (2020)
 14 † Sr Galli Clotilde (1990)
 16 † Sr George Jolly (2016)
 17 † Sr Thonippara Rosamma(2008)
 18 † Sr Murgia Maria (1968)
 20 † Sr Avio Maria (1959)
 21 † Sr Schiapparelli Severina (1980), Sr Pereira Lutgarde (2001)
 24 † Sr Gnavi Virginia (1977), Sr Anthoniappan Celine (2021)
 26 † Sr David Arul Mary (1946), Sr Rodrigues Ethelvina (2016)
 27 † Sr Azzolini Gina (1998), Sr D’Almeida Crescentia (2022)
 28 † Sr D’Cruz Constance (2003)

FORTHCOMING EVENTS

01	Fri	Tri-Monthly Recollection for Senior Sisters of Chennai Zone, Kodambakkam
02	Sat	Tri-Monthly Recollection for Juniors and Young Sisters of 10 Years of Profession, Sacred Heart Home, Katpadi
05	Tue	Tri-Monthly Animation for Juniors, Negombo
06	Wed	Tri-Monthly Recollection for Juniors and Senior Sisters, Negombo
09	Sat	Tri-Monthly Recollection for Senior Sisters, Kingsford, and Salem Avvai Nagar
10	Sun	Tri-Monthly Recollection for Senior Sisters, Sacred Heart Home, Katpadi and Mary Immaculate, Tirupattur
12 - 13	Tue - Wed	Workshop on Compliance and Governance, Madurai
13	Wed	Tri-Monthly Recollection for Senior Sisters, Omanthai Seminar on Care for the Common Home, TNCRI, Trichy
14	Thu	I Year preparation begins for the 150 th Anniversary of the First FMA Missionary Expedition at Local Communities.
16	Sat	Triennial Evaluation Province Assembly, Batch I, ACK Vocation Camp for Chennai Zone at Kingsford
17	Sun	Triennial Evaluation Province Assembly, Batch II, Kodambakkam
19	Tue	Orange Week Celebration in Local Communities

24	Sun	Past Pupils Meeting for Delegates, Arni Cooperators Promise Day, Aynavaram
26	Tue	Constitution Day - Rally & Pledge by Formal and Supplementary Centres in Local Communities
29	Fri	Online Animation for ADMA Members, Sri Lanka
29 - 30	Fri - Sat	Provincial Council, Kodambakkam
30	Sat	World Youth Day by Local Communities
01 Dec	Sun	Promise Day for Co-operators, Aynavaram

On the first of November, we celebrate with joy the *feast of 'All Saints'*. It's a day dedicated to honouring all saints, both recognized and unrecognized, who have reached eternal life with God. Initially, it commemorated early Christian martyrs but grew to celebrate all holy persons throughout history. This day highlights the spiritual connection among all members of the Christian faith - past, present, and future - and calls believers to aspire toward holiness. Let our lives too be marked by faith and virtue and let us lead the young towards holiness.

On 2 November we commemorate *All Souls Day*. It's a day of remembrance and prayer for the departed who are believed to be undergoing purification. Distinct from All Saints' Day, which honours those already in heaven, this day is devoted to praying for the souls in purgatory, helping them reach eternal peace. Rooted in early Christian practices, it emphasizes the connection between the living and the deceased. It is our tradition to mark the day by visiting the cemetery, praying rosaries, and attending Mass to honour our loved ones, especially our beloved Sisters and pray for their eternal rest.

*I wish you a very happy Feast of All Saints and
Happy Children's Day to all the students who frequent our institutions!
A fervent Novena to the feast of Mary Immaculate to everyone!*

Yours affectionately,

Sr. Devadoss Margaret

Sr Devadoss Margaret
INM FMA Provincial





ITINERARY OF THE PROVINCIAL **November 2024**

01	Fri	Meeting with the Juniors and the Young Sisters of 10 Years of Profession, Sacred Heart Home, Katpadi
02	Sat	Tri-Monthly Recollection for Juniors and Young Sisters of 10 years of Profession, Sacred Heart Home, Katpadi
03 - 05	Sun - Tue	Provincial Visit, Pallikonda
05 - 07	Tue - Thu	Provincial Visit, Dharmapuri
08 - 09	Fri - Sat	Provincial Visit, Erode
10 - 11	Sun - Mon	Provincial Visit, Avvai Nagar, Salem
11 - 12	Mon - Tue	Provincial Visit, Pethanaickenpalayam, Salem
12 - 14	Tue - Thu	Provincial Visit, Yercaud
15	Fri	Seminar on Lawful Management of Societies and Properties of Dioceses/ Congregations/ Institution, Coimbatore
16	Sat	Triennial Evaluation, Batch I, Auxilium College
17	Sun	Triennial Evaluation, Batch II, Kodambakkam
18 - 19	Mon - Tue	Provincial Visit, Vyasarpadi
20 - 23	Wed - Sat	Provincial Visit, Kodambakkam
24 - 28	Sun - Thu	Provincial Visit, Auxilium College
29 - 30	Fri - Sat	Provincial Council, Kodambakkam

